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Scientific Validation of the Effect of the Transcendental Meditation Programme for Offenders Rehabilitation

Paper N°	Finding	Reference
571	Rehabilitation of Prisoners: Decreased Recidivism	Rainforth, Maxwell V.; Alexander, Charles N.; and Cavanaugh, Kenneth L. Effects of the Transcendental Meditation program on recidivism among former inmates of Folsom Prison: Survival analysis of 15-year follow-up data. <i>Journal of Offender Rehabilitation</i> 36: 181–203, 2003.
571	Rehabilitation of Prisoners: Reduced Severity of Re-offence	Rainforth, Maxwell V.; Alexander, Charles N.; and Cavanaugh, Kenneth L. Effects of the Transcendental Meditation program on recidivism among former inmates of Folsom Prison: Survival analysis of 15-year follow-up data. <i>Journal of Offender Rehabilitation</i> 36: 181–203, 2003.
570	Rehabilitation of Prisoners: Decreased Recidivism	Alexander, Charles N.; Rainforth, Maxwell V.; Frank, Paul R.; Grant, James D.; von Stade Christopher; and Walton, Kenneth G. Walpole study of the Transcendental Meditation program in maximum security prisoners III: Reduced recidivism. <i>Journal of Offender Rehabilitation</i> 36: 161–180, 2003.
570	Rehabilitation of Prisoners: Decreased Recidivism in Comparison to Other Prison Treatment Programs	Alexander, Charles N.; Rainforth, Maxwell V.; Frank, Paul R.; Grant, James D.; von Stade Christopher; and Walton, Kenneth G. Walpole study of the Transcendental Meditation program in maximum security prisoners III: Reduced recidivism. <i>Journal of Offender Rehabilitation</i> 36: 161–180, 2003.

569	Increased Ego-Development among Prisoners	Alexander, Charles N.; and Orme-Johnson, David W. Walpole study of the Transcendental Meditation program in maximum security prisoners II: Longitudinal study of development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 127–160, 2003.
569	Decreased Aggression among Prisoners	Alexander, Charles N.; and Orme-Johnson, David W. Walpole study of the Transcendental Meditation program in maximum security prisoners II: Longitudinal study of development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 127–160, 2003.
569	Reduced Schizophrenic Symptoms among Prisoners	Alexander, Charles N.; and Orme-Johnson, David W. Walpole study of the Transcendental Meditation program in maximum security prisoners II: Longitudinal study of development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 127–160, 2003.
569	Increased Development of Consciousness among Prisoners	Alexander, Charles N.; and Orme-Johnson, David W. Walpole study of the Transcendental Meditation program in maximum security prisoners II: Longitudinal study of development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 127–160, 2003.
568	Lower Psychopathology among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	Higher Personal Development among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	Higher Development of Consciousness among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	Greater Self-Development among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	Greater Capacity for Warm Interpersonal Relationships among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	Greater Engagement in Private Avocational Businesses within the Institution among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.

568	Lower Anxiety among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	Less Psychopathic Deviation among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	Less Aggression among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	Less Tension among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	Less Depression among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	Less Introversion among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
568	More Frequent Experiences of Higher Consciousness among Prisoners	Alexander, Charles N.; Walton, Kenneth G.; and Goodman, Rachel S. Walpole study of the Transcendental Meditation program in maximum security prisoners I: Cross-sectional differences in development and psychopathology. <i>Journal of Offender Rehabilitation</i> 36: 97–125, 2003.
567	Improved Intellectual Functioning among Prisoners	Hawkins, Mark A.; Alexander, Charles N.; Travis, Frederick T.; Camelia, Carl R. T.; Walton, Kenneth G.; Durchholz, Christian F.; and Rainforth, Maxwell V. Consciousness-Based Rehabilitation of inmates in the Netherlands Antilles: Psychosocial and cognitive changes. <i>Journal of Offender Rehabilitation</i> , 36: 205–228, 2003.
567	Decreased Cognitive Distortion among Prisoners	Hawkins, Mark A.; Alexander, Charles N.; Travis, Frederick T.; Camelia, Carl R. T.; Walton, Kenneth G.; Durchholz, Christian F.; and Rainforth, Maxwell V. Consciousness-Based Rehabilitation of inmates in the Netherlands Antilles: Psychosocial and cognitive changes. <i>Journal of Offender Rehabilitation</i> , 36: 205–228, 2003.
566	Increased Stability of the Autonomic Nervous System among Prisoners	Orme-Johnson, David W.; and Moore, Richard M. First prison study using the Transcendental Meditation program: La Tuna Federal Penitentiary, 1971. <i>Journal of Offender Rehabilitation</i> 36: 89–95, 2003.

566	Decreased Rigid or Obsessive Thoughts and Compulsive Behavior (Decreased Psychasthenia) among Prisoners	Orme-Johnson, David W.; and Moore, Richard M. First prison study using the Transcendental Meditation program: La Tuna Federal Penitentiary, 1971. <i>Journal of Offender Rehabilitation</i> 36: 89–95, 2003.
566	Decreased Social Introversion among Prisoners	Orme-Johnson, David W.; and Moore, Richard M. First prison study using the Transcendental Meditation program: La Tuna Federal Penitentiary, 1971. <i>Journal of Offender Rehabilitation</i> 36: 89–95, 2003.
566	Degree of Increased Stability of the Autonomic Nervous System among Prisoners Correlated with Regularity of Practice of the Transcendental Meditation technique	Orme-Johnson, David W.; and Moore, Richard M. First prison study using the Transcendental Meditation program: La Tuna Federal Penitentiary, 1971. <i>Journal of Offender Rehabilitation</i> 36: 89–95, 2003.
482	Reduced Negativity, Irritability and Aggressiveness of Inmates	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese Prisons</i> . Annual Seminar of the Penitentiary Administration. Vlodrop, The Netherlands: Maharishi Vedic University Press, 1990.
482	Improved Relations Between Inmates	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese Prisons</i> . Annual Seminar of the Penitentiary Administration. Vlodrop, The Netherlands: Maharishi Vedic University Press, 1990.
482	Improvement in Health among Inmates	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese</i>

		Prisons. Annual Seminar of the Penitentiary Administration. Vlodrop, The Netherlands: Maharishi Vedic University Press, 1990.
482	Marked Decrease in Drug Consumption among Inmates	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese Prisons</i> . Annual Seminar of the Penitentiary Administration. Vlodrop, The Netherlands: Maharishi Vedic University Press, 1990.
482	Improvement in Sleep among Inmates	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese Prisons</i> . Annual Seminar of the Penitentiary Administration. Vlodrop, The Netherlands: Maharishi Vedic University Press, 1990.
482	Greater Confidence and Joyfulness among Inmates	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese Prisons</i> . Annual Seminar of the Penitentiary Administration. Vlodrop, The Netherlands: Maharishi Vedic University Press, 1990.
482	Cessation of Fights Between Inmates	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi</i>

		Unified Field Based Integrated System of Rehabilitation in Senegalese Prisons. Annual Seminar of the Penitentiary Administration. Vlodrop, The Netherlands: Maharishi Vedic University Press, 1990.
482	Decrease in the Number of Medical Consultations by Inmates	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese Prisons</i> . Annual Seminar of the Penitentiary Administration. Vlodrop, The Netherlands: Maharishi Vedic University Press, 1990.
482	Decrease in Rule Violations by Inmates and Staff	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese Prisons</i> . Annual Seminar of the Penitentiary Administration. Vlodrop, The Netherlands: Maharishi Vedic University Press, 1990.
482	Fewer Escapes of Inmates	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese Prisons</i> . Annual Seminar of the Penitentiary Administration. Vlodrop, The Netherlands: Maharishi Vedic University Press, 1990.
482	Reduced National Recidivism	Boudigues, J.-M. Case study of the Transcendental Meditation programme in the national prison system of Senegal. This paper summarizes results published in <i>Nouveaux horizons en criminologie et en science pénitentiaire: Le Système Intégré Maharishi de Réhabilitation Fondé sur le Champ Unifié dans les prisons Sénégalaises</i> . Séminaire annuel de l'Administration pénitentiaire. Dakar, Senegal: Maharishi European Research University and Penitentiary Administration of Senegal, 1988; and in a revised version published with the permission of the Penitentiary Administration of Senegal, published in both French and English, with the English title <i>New Horizons in Criminology and Penitentiary Science: The Maharishi Unified Field Based Integrated System of Rehabilitation in Senegalese Prisons</i> . Annual Seminar of the Penitentiary Administration. Vlodrop,

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398	Reduced Recidivism	Bleick, C. R.; and Abrams, A.I. The Transcendental Meditation program and criminal recidivism in California. <i>Journal of Criminal Justice</i> 15: 211–230, 1987.
314	Decreased Sleep Disturbance among Prisoners	Gore, S. W.; Abrams, A.; and Ellis, G. The effect of statewide implementation of the Maharishi Technology of the Unified Field in the Vermont Department of Corrections. Institute for Social Rehabilitation, Burlington, Vermont, USA, 1984.
314	Decreased Paranoid Anxiety among Prisoners	Gore, S. W.; Abrams, A.; and Ellis, G. The effect of statewide implementation of the Maharishi Technology of the Unified Field in the Vermont Department of Corrections. Institute for Social Rehabilitation, Burlington, Vermont, USA, 1984.
314	Improved Control of Anger among Prisoners	Gore, S. W.; Abrams, A.; and Ellis, G. The effect of statewide implementation of the Maharishi Technology of the Unified Field in the Vermont Department of Corrections. Institute for Social Rehabilitation, Burlington, Vermont, USA, 1984.
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314	Decreased Paranoid Anxiety among Prisoners	Gore, S. W.; Abrams, A.; and Ellis, G. The effect of statewide implementation of the Maharishi Technology of the Unified Field in the Vermont Department of Corrections. Institute for Social Rehabilitation, Burlington, Vermont, USA, 1984.
314	Increased Locus of Control among Prisoners	Gore, S. W.; Abrams, A.; and Ellis, G. The effect of statewide implementation of the Maharishi Technology of the Unified Field in the Vermont Department of Corrections. Institute for Social Rehabilitation, Burlington, Vermont, USA, 1984.
314	Decreased Hostility among Prisoners	Gore, S. W.; Abrams, A.; and Ellis, G. The effect of statewide implementation of the Maharishi Technology of the Unified Field in the Vermont Department of Corrections. Institute for Social Rehabilitation, Burlington, Vermont, USA, 1984.
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286	Lower Recidivism among Prisoners	Bleick, C. R. Influence of the Transcendental Meditation Program on criminal recidivism. Institute for Social Rehabilitation, Berkeley, California, USA, 1982.

286	Fewer New Convictions among Prisoners	Bleick, C. R. Influence of the Transcendental Meditation Program on criminal recidivism. Institute for Social Rehabilitation, Berkeley, California, USA, 1982.
286	Higher Incidence of Clean Parole Records among Prisoners	Bleick, C. R. Influence of the Transcendental Meditation Program on criminal recidivism. Institute for Social Rehabilitation, Berkeley, California, USA, 1982.
285	Lower Recidivism among Prisoners	Alexander, C. N.; Grant, J.; and Stadte, C. von. The effects of the Transcendental Meditation technique on recidivism: A retrospective archival analysis. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
285	Fewer New Convictions among Prisoners	Alexander, C. N.; Grant, J.; and Stadte, C. von. The effects of the Transcendental Meditation technique on recidivism: A retrospective archival analysis. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
285	Higher Incidence of Clean Records among Prisoners	Alexander, C. N.; Grant, J.; and Stadte, C. von. The effects of the Transcendental Meditation technique on recidivism: A retrospective archival analysis. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
284	Less Psychopathic Deviation among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
284	Less Aggression among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
284	Less Tension among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.

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284	Higher Personal Development among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
284	Higher Consciousness among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
284	Increased Self-Development among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
284	Increased Development of Consciousness among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
284	Decreased Aggression among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.

284	Decreased Schizophrenic Symptoms among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
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284	Greater Capacity for Warm Interpersonal Relationships among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
284	Greater Engagement in Private Avocational Businesses within the Institution among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
284	Lower Anxiety among Prisoners	Alexander, C. N.; and Marks, E. J. Ego development, personality and behavioral change in inmates practicing the Transcendental Meditation technique or participating in other programs: A summary of cross-sectional and longitudinal results. Doctoral thesis of first author (summary), Department of Psychology and Social Relations, Harvard University, Cambridge, Massachusetts, USA, 1982. Findings also published in Dissertation Abstracts International 43(2): 539B, 1982.
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280	Decreased Hostility among Prisoners	Abrams, A. I. A follow-up study of the effects of the Transcendental Meditation Program on inmates at Folsom Prison. Maharishi International University, Fairfield, Iowa, USA, 1982.
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